



My Little Hands

Action/Mat Song

My little hands go clap, clap, clap
Clap, clap, clap. Clap, clap, clap
My little hands go clap, clap, clap
Clap, clap, clap my hands

My little fingers go tickle.....
My little toes go wriggle

My little arms go shake, shake, shake.....
My little head goes nod, nod, nod.....

My little eyes go blink, blink, blink.....
My little lips go x, x, x

Teaching notes: prompt the children by doing the actions before the verse starts.

Musical Skills:

Pitch - simple melody lines.

Other Skills:

Language – developing vocabulary, parts of the body.

Listening to the lyrics to follow the actions.

Self Esteem – feeling good about themselves.

Extension Activities:

Discuss body parts used in the song and explore different sounds that they can make. Make up different verses for other parts of the body.

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